



William Osler
Health System

FOUNDATION



PARTNERS

MAKING A DIFFERENCE

FALL 2022
NEWSLETTER

PARTNER SPOTLIGHT:

**BVD Group
makes \$10M Gift**

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Needed It**

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FALL 2022

On the cover:
Grateful patient, Deepshikha Kaur.
Read her story on Page 4

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For information or to make a
donation, visit oslerfoundation.org

-  William Osler Health System Foundation
-  @OslerFoundation
-  @OslerHealth

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Charitable Business Number: 12996 5133 RR0001



MESSAGE FROM THE PRESIDENT & CEO

A cancer diagnosis is frightening—and even more so in the middle of a pandemic. When Deepshikha, who appears on our cover, received her diagnosis in 2021, she was worried, especially for her children. Thanks to your generous support and Osler's dedicated team of world-class oncologists and surgeons, she received the compassionate, quality care she needed, when she needed it most. I hope you are inspired by her story and by the many ways your fellow donors—and you—are making a difference for patients like Deepshikha. Your commitment to Osler means access to quality health care close to home.

Ken Mayhew
President & CEO, William Osler Health System Foundation

PRESENTED BY
ORLANDO CORPORATION

WILLIAM OSLER HEALTH SYSTEM FOUNDATION

ON STAGE WITH
ROBERT PILON

HOSTED BY
JESSICA HOLMES

NOVEMBER 18, 2022
OSLERCONCERT.CA

FEATURING
ROBERT PILON

PARTNER SPOTLIGHT



With an incredible
\$10 million

donation to William Osler Health System

BVD Group

is helping to transform health care in
the community, for generations to come.

Thank you to BVD Group, Bikram Dhillon
and the Dhillon family. We are grateful
for your philanthropic leadership.



THE HUMBERVIEW GROUP

The Humerview Group, led by President and CEO John Esplen, are thrilled to announce a \$1 million matching gift to support equipment needs and ongoing redevelopment projects to further enhance the state-of-the-art services Osler offers and ensure we can continue to meet the evolving health care needs of the community. “Every great community deserves a great hospital, and we hope our matching gift will help inspire residents to get involved and help support exceptional health care, close to home.”



NEW MILLENIUM TIRE CENTRE

New Millenium Tire Centre, operated by the Dhugga family, is once again stepping up to enhance health care in Brampton with a \$500,000 pledge. This new gift brings their total support of Osler to \$1 million. “I was raised to understand the importance of giving back. In my household, there were two priorities for giving. One was to give back to the temple, and the other was to give to the local hospital. We are pleased to give back to William Osler Health System to help strengthen our community for years to come,” said Andy Dhugga, CEO, New Millenium Tire Centre.



NICK & DONNA WHEELER

Inspired by the care they received over the years at William Osler Health System (Osler) and grateful to the city that gave them their livelihood, Nick and Donna Wheeler wished to share their gratitude by making a generous donation to support both ophthalmology and urgent care at Peel Memorial Centre for Integrated Health and Wellness. “The need keeps growing because the community is growing, and that is what motivates me to give to William Osler Health System Foundation,” said Nick. “We understand that health care is progressive and constantly demands high quality, state-of-the-art equipment in our hospitals. As proud Brampton citizens, we want to do all we can to support our hospital.”

New Mom Grateful for Cancer Care Close to Home, when she Needed it Most

DEEPSHIKHA KAUR WAS BREASTFEEDING HER YOUNGEST CHILD WHEN SHE FOUND THE LUMP. “IT WAS LIKE IT HAD APPEARED OVERNIGHT. I THOUGHT IT WOULD GO AWAY AFTER A FEW DAYS BUT WHEN IT DIDN’T I CALLED MY DOCTOR AND THAT’S WHEN EVERYTHING STARTED MOVING VERY QUICKLY,” SAYS DEEPSHIKHA.

Deepshikha was sent for a biopsy and received a call right away—the results didn’t look good. She and her husband went to Brampton Civic Hospital to meet with Dr. Priya Chopra, General Surgeon at William Osler Health System, and it was there that she learned she had breast cancer.

“Dr. Chopra said it was cancer and my husband and I just looked at each other. How could this have happened? I’m only 35 years old. What is going to happen to my children? I had so many questions running through my mind but when I finally spoke, I asked, ‘How much time do I have left?’”

While Deepshikha was diagnosed with an aggressive form of breast cancer, Dr. Chopra assured her that her treatment plan—surgery, chemotherapy, genetic testing—would provide the best outcome.

“Patients often tell me that having a positive and supportive medical team helps them face even the most frightening challenges during their treatment,” said Dr. Chopra. “What helps us is knowing that we have access to the finest tools and equipment needed to care for our patients so we can help them achieve the best possible outcome.”

Osler’s Ontario Breast Screening Program is the top performer in the province and our Diagnostic Assessment Programs (DAPs), help move those with suspected breast cancer from diagnosis to treatment quickly and with one point of contact—a breast nurse navigator—to support the patient through the process. For breast cancer patients, the average time from referral to consultation with a surgeon is 2.5 weeks compared to the regional average of 4 weeks.



BREAST / THORACIC
CLINIC



Dr. Pysia Chopra, General Surgeon,
William Osler Health System

While Deepshikha's diagnosis came during the height of the pandemic, investments in additional skilled nursing and clerical staff have been instrumental in enhancing Osler's program to meet the demands of the community. That support has also been key to continuing cancer-related surgeries during the pandemic through the use of an ethical framework.

As one of Canada's busiest community hospitals, Osler serves more than 1.3 million residents across five sites in one of Ontario's fastest-growing and most culturally diverse regions. Over the next 20 years, the number of cancer cases in the region is expected to double. Dr. Chopra notes the importance of regular cancer screening, with PAP tests (over the age of 25), mammograms, and colon cancer screening (over the age of 50). Performed through your primary care provider, screening can save many lives each year.

The rapid population growth is one of the many reasons Osler has built up its cancer care services in recent years, including innovative immunotherapy, advanced surgical techniques, and access to global clinical trials for new anticancer treatments. Osler is also proud to be the first community hospital in the world to offer genetic testing through rapid comprehensive next generation sequencing which can provide important information on how to treat one's cancer in days instead of weeks. Community support will continue to be required as the range of cancer treatments evolves.

While Deepshikha's cancer journey isn't yet finished, she finds strength in knowing she is receiving exceptional care close to home.

"I feel fortunate that we have access to a great hospital in our community, with wonderful doctors and nurses. My medical team is very positive and compassionate. They give me hope."



Make a Lasting Impact with a Gift in your Will

In 1989, five weeks before her due date, Susan Hamilton's water broke and she was rushed to the original Peel Memorial Hospital, where doctors performed a C-section. When they delivered her baby, he was blue and not breathing.



"The medical team were simply amazing," she says. "Scott, my son, took the second chance they gave him, and he fought. A few weeks later, we got to bring him home."

Scott needed many follow-up appointments to ensure he was developing normally.

"One of the nurses told me that every year, there are one or two 'miracle babies' who survived despite incredible odds. They told me with great big smiles that Scott was one of the miracle babies of 1989." Scott is now 33 years old, but lately Susan has been thinking about the impact William Osler Health System has made on her life and how she can make that impact for others.

"I've decided to pay it forward by leaving a gift to Osler in my Will, so that one day another family will receive the same gift of life and health that I did."

100% of the equipment within our hospitals is funded by the community. Learn more about including a gift to Osler in your will at oslerfoundation.org.





PROGRAM PROFILE

Dr. Martin Chasen pictured middle with Osler Survivorship Clinic team members

Survivorship Clinic offers long-term treatment for patients living with cancer

In 2015, Dr. Martin Chasen came to William Osler Health System with the idea that a patient's cancer journey doesn't just end when treatment ends. Building upon this belief, Dr. Chasen, Osler's Medical Director, Palliative Care, was instrumental in starting the Survivorship Clinic, where he and a team of colleagues support cancer survivors as they continue to heal and build their lives after cancer. This innovative clinic focuses on progressing cancer patients who no longer need to be treated by their oncologist and helps focus on other treatments such as exercise programs, nutrition, mindfulness-based meditation, stress reduction, and more. These approaches are in addition to the screening and follow up for detection of relapse and second malignancies and addressing anti-cancer treatment side effects.

"We look at treating all parts of the human being, not just the cancer, so our patients can feel motivated and empowered and take control of their lives," said Dr. Chasen.

Following the Survivorship Clinic, patients are referred back to their family physicians for ongoing care. Clinic staff work closely with family care providers and share key information to best support the survivor going forward. Should the family physician suspect cancer has returned, the clinical team will see the patient again within a week.

Currently, the clinic runs once weekly at Etobicoke General Hospital and Brampton Civic Hospital and so far in 2022 has seen over 1,500 patients.

"While we have already helped so many patients, the need is ongoing; I am very happy we can offer even a moment's relief. We see patients of all ages, mainly women with breast cancer, and it's nice to know that we took away some of their anxiety. In the clinic, our patients feel like they are on the team with us; we talk, laugh, cry, listen, and help them along their cancer journey."



STAFF Q&A

BENCY SHAJAN, RN, BREAST NURSE NAVIGATOR AND DONOR

Q: What impact do you see donations making in your area?

When we have access to more upgraded equipment, we are able to make a diagnosis faster for our patients. Donations are what help do this—they are a difference maker in the early detection of breast cancer and for what a patient's outcome might be. I think we all know someone who has been impacted by breast cancer, and when we have access to better equipment, we can help more people. William Osler Health System has one of the best hospitals for breast screening and diagnosis, and I believe donations help keep us at the top of our game.



**DR. FRANK MARTINO
NAMED OSLER'S NEW
PRESIDENT & CEO**

Osler Foundation is thrilled to welcome Dr. Frank Martino to the role of President & CEO of William Osler Health System. A strong advocate for quality patient care, Dr. Martino has dedicated his career to improving the health of individuals and communities. Dr. Martino joined Osler in 1991 and has held progressively senior roles, including serving as Interim President and CEO, Interim Vice-President of Quality & Medical Affairs, Chief of Staff, and Chief of Family Practice. He has been practising family medicine in Brampton for decades and is still active in inpatient care, and in Osler's emergency departments. Dr. Martino is also a long-time supporter of Osler Foundation, including serving on the Peel Memorial Campaign Cabinet. We look forward to continuing to work with him in this new role.



**PROGRESS CONTINUES ON OSLER'S
INFRASTRUCTURE PROJECTS**

Osler continues to move forward with a number of exciting plans that will bring more services closer to home for the community and build increased health care capacity for years to come.

In April 2022, Osler welcomed the Ontario Government's announcement of a \$21 million investment to support Peel Memorial's transformation into Brampton's new 250-bed inpatient hospital with space to build more in the future and a 24/7 Emergency Department. The funds will also support the planning for expanded cancer care services at Brampton Civic Hospital that will house more comprehensive oncology and survivorship programs, including radiation treatment.

Added to this provincial investment, Brampton City Council also announced support for these critical health care infrastructure projects with an unprecedented \$125 million commitment, building on the \$62.5M commitment made by Council in late 2021.

Earlier this year, Osler announced another important milestone for transforming Peel Memorial into Brampton's new hospital with the selection of HOK Architects Corporation (HOK) as the planning, design and conformance (PDC) team. Hospital construction is anticipated to begin in late 2023.

Osler is seeking input on the new Peel Memorial through a short survey. To have your say and learn more, www.williamoslerhs.ca/buildosler.



**VOLUNTEER
PROFILE**

MEET CATHY

When Cathy Shanks immigrated to Canada in 1971, her goal was to volunteer within her community. However, family illness and child-rearing put her dream on hold until her retirement, when she was thrilled to be accepted as a volunteer at Brampton Civic Hospital.

For the past three years, Cathy has been donating her time twice a week, volunteering in the outpatient clinic in the Oncology Unit. It is a role Cathy takes very seriously, and she is happy to be able to assist the staff in any way or support the patients along their journey.

"I think I get as much out of this as they do. I get to know the patients really well; learn about their backgrounds, family, and how they came to Canada. Every person and every day is different and I'm happy I can be there to make it a little bit easier."

OUR COMMUNITY CARES

SIGNATURE EVENTS



HOLI GALA - THE FESTIVAL OF COLOURS

The 9th annual Holi Gala, presented by BVD Group, returned in person, bringing over 600 attendees together for a colourful celebration of spring. Thanks to the extraordinary generosity of sponsors and guests, this was the most successful Holi Gala in the event's history, raising \$847,000 to support essential surgical equipment needs at Osler.



OSLER OPEN: BRAMPTON INVITATIONAL

The 15th Annual Osler Open: Brampton Invitational was a hole-in-one, with

144 golfers hitting the links to raise over \$236,000 for Osler's Brampton hospitals. Thanks to presenting sponsors: ARGO Development Corporation, Fieldgate Developments, Greenpark, Mosaik Homes, Paradise Developments and TACC Developments.



DAVID SARTOR'S 30 FOR 30

On his 30th birthday in July, David Sartor ran a 30-km round trip from Etobicoke General to Brampton Civic as a way to say thank you for the exceptional care he received on his recent cancer journey. As part of the Celebrate Summer Challenge, David's fundraiser raised more than \$7,000.



IHOP'S GRAND OPENING RAISES \$10,000

To commemorate the opening of IHOP Brampton in June, franchisee Saeed Minhas and the Brampton Pancakes Inc. team hosted a grand opening celebration and ribbon-cutting ceremony, which raised \$10,410 to purchase vital, life-saving equipment for Women and Children's Services at Brampton Civic Hospital.



AMANDA KIDNIE'S CELEBRATE SUMMER CHALLENGE

Recreation Therapist Amanda Kidnie

launched a fundraiser to help purchase art supplies, specialized board games, books with larger print, and other adaptive leisure equipment her department uses to promote independence and recovery in her patients. Amanda's Celebrate Summer Challenge raised over \$800!



MCHAPPY DAY

In May, McDonald's celebrated their 28th annual McHappy Day. Select Brampton restaurants

donated 50 percent of the proceeds of the day's sales, raising \$8,578.42 for Osler. Foundation staff had a fun day volunteering in the store, sharing our mission with the community, greeting guests, helping with table service and working in the drive-thru.

SAVE THE DATE

On Stage with Robert Pilon:
November 18, 2022

Ski Day:
February 14, 2023

Holi Gala:
April 15, 2023

